

## **“I Am One”**

by Jann Mirchandani, AAUW NYS Program VP

So often we read articles or talk to friends and neighbors about what’s wrong with our world and our communities and are left feeling overwhelmed and powerless. We think, “What can I do?”

There is plenty we can do. We can empower ourselves and our friends and neighbors by making use of resources like the Capwiz link and the Two-Minute activist on the Association website and letting others know these resources are there. We can – and should – get involved in Branch planning and programming.

If you have an issue or area of interest and the branch is not involved yet, talk to your branch president and find out how to get the ball rolling. Consider this, Westchester branch was approached by a new member several years ago about starting a business networking group. The branch now regularly hosts over 20 women at its networking events, has new members join as a result and is being invited to partner with other organizations to support women business owners. Could there be better way of supporting women’s economic security?

“I am only one, but still I am one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do.” – Helen Keller

Get involved in your branch programming. You’ll be glad you did.