# AAUW New York State Summer Leadership Conference July 10-12, 1009

\$tart \$mart
The Poughkeepsie AAUW Model
Sharon Clarke

Sample Power Point Slides and Excerpts from Student Workbooks February 2009 Presentations

#### **\$TART \$MART TOPICS**

- The personal consequences of the Wage Gap.
- Resources for Benchmarking reasonable compensation
- packages.
- Targeting a personal compensation package.
- Developing a "Bare Bones" budget.
- Negotiating a realistic salary.



# Wage Gap

Three things to know

What the wage gap means to you personally.

How the wage gap happens.

Why the wage gap happens.

ear	4% raise annually				
	36,125	42,500			
	1,445	1,700			
2	37,570	44,200			
	1,503	1,768			
3	39,073	45,968			
	1,563	1,839			
ļ	40,636	47,807			
	1,625	1,912			
5	42,261	49,719			
	<u>\$195,665</u>	<u>\$230,194</u>			
Wage Gap: \$ 34,529					



# **Benchmarking Your Salary**

- Step 1: Determine the Right Job Title.
- Step 2: Know the Salary Range for the Job You Want.
- Step 3: <u>Determine Your Target Salary</u>.
- Step 4: <u>Determine any Marketplace Adjustments</u>.
- Step 5: <u>Benchmarking Benefits</u>
- Step 6: Calculate your Minimum Acceptable Salary.

# Benchmarking your salary:

#### STEP 1: <u>Determine the right job title.</u>

Bureau of Labor Statistics-Occupational Outlook Handbook, 2008-09 Edition Source: www.bls.gov

Occupational Outlook Handbook tells you:

- the training and education needed
- earnings
- expected job prospects
- what workers do on the job
- working conditions

In addition, the Handbook gives you job search tips, links to information about the job market in each State, and more.

#### Public Relations/Media Specialists:

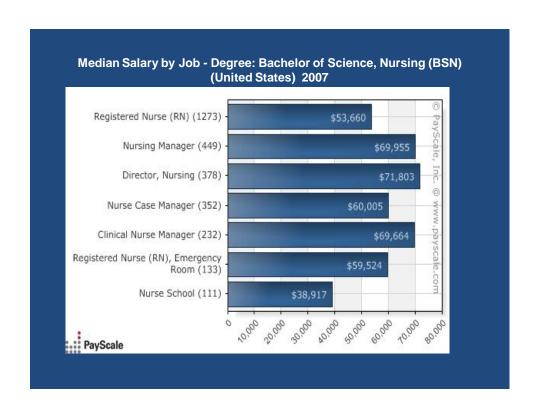
Creates favorable attitudes among various organizations, interest groups, and the public through effective communication. Other workers with similar jobs include <u>advertising</u>, <u>marketing</u>, <u>promotions</u>, <u>public relations</u>, <u>and sales managers</u>; <u>demonstrators</u>, <u>product promoters</u>, <u>and models</u>; <u>news analysts</u>, <u>reporters</u>, <u>and correspondents</u>; <u>lawyers</u>; <u>market and survey researchers</u>; <u>sales representatives</u>, <u>wholesale and manufacturing</u>; and <u>police and detectives</u> involved in community relations.

Public Information Officer (profess. & kin.) <u>165.167-014</u> public interviewer (clerical) <u>205.367-054</u> public-relations player (amuse. & rec.) <u>343.367-010</u> public-relations practitioner (profess. & kin.) <u>165.167-014</u> PUBLIC-RELATIONS REPRESENTATIVE (profess. & kin.) <u>165.167-014</u> media coordinator (radio-tv broad.) <u>199.382-010</u> MEDIA DIRECTOR (profess. & kin.) <u>164.117-018</u>

#### **Nurse, General Duty Job Description:**

Provides general nursing care to patients in hospital, nursing home, infirmary, or similar health care facility: Administers prescribed medications and treatments in accordance with approved nursing techniques. Prepares equipment and aids physician during treatments and examinations of patients. Observes patient, records significant conditions and reactions, and notifies supervisor or physician of patient's condition and reaction to drugs, treatments, and significant incidents. Takes temperature, pulse, blood pressure, and other vital signs to detect deviations from normal and assess condition of patient. May rotate among various clinical services of institution, such as obstetrics, surgery, orthopedics, outpatient and admitting, pediatrics, and psychiatry. May prepare rooms, sterile instruments, equipment and supplies, and hand items to Surgeon (medical ser.); Obstetrician (medical ser.), or other medical practitioner. May make beds, bathe, and feed patients. May serve as leader for group of personnel rendering nursing care to number of patients.

www.jobtitles.org



# **Step 2: Know the Salary Range for the Job you want.**

The median expected salary for a typical **Benefits Analyst II** in **Newark**, **NJ**, is \$64,109.

# **Base Salary**

	25th percentile	Median	75th percentile
Newark NJ	\$57,739	\$64,109	\$72,852
United States	\$49,921	\$55,429	\$62,988

#### **Benefits**

Base Salary	<u>\$64,109</u>	<u>71%</u>
Bonus	\$980	1%
FICA	\$4,979	6%
401k/401B	\$2,343	3%
Disability	\$651	1%
Healthcare	\$5,722	6%
Pension	\$2,994	3%
Time off	\$8,512	9%
TOTAL	<u>\$90,290</u>	100%

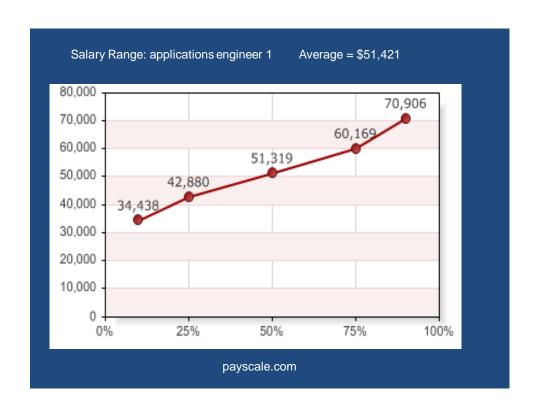
#### **Net Paycheck** Calculations MONTHLY

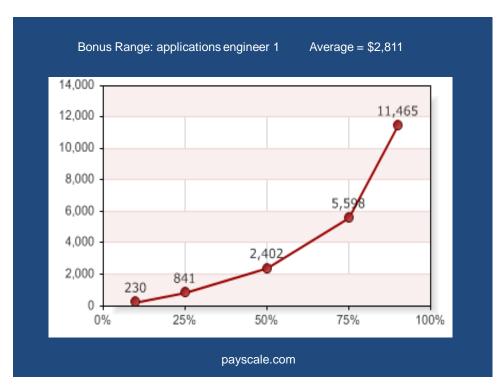
Gross Pay	\$5,342.42
Federal withholding	992.02
FICA	331.23
Medicare	77.47
New Jersey withholding	\$188.80
401k	50.00

NET PAY \$3,702.90

# **Step 3: Determine Your Target Salary.**

What experience, knowledge, and skills do you have that make you worth this salary?





# **Step 4: Determine any Marketable Adjustments.**

#### Questions to Ask

Is your Field Expanding?

Where?

When?

How much?

Demand for your Field/Specialty; up or down?

**Upward Mobility?** 

#### **Market Adjustments**

Research the Economic Climate

Federal Government –Bureau of Labor Statistics

Business Section of local and national papers.

**Business Publications** 

General –Fortune, Forbes, etc.
Specialized-The American Nurse Today

Related Professional Organizations and Publications

# **Step 5: Benchmarking Benefits**

- Research typical benefits in your field, for the specific job titles you researched.
- Research differences between *public*, *private*, *and nonprofit entities*.
- Decide what benefits are most important and rate their priority.

# EMPLOYEE BENEFITS IN THE UNITED STATES, MARCH 2008

#### The following are some of the major findings:

\* Sixty-one percent of <u>private</u> industry employees had access to paid retirement benefits, compared with 89 percent of <u>State and local government</u> employees.

Eighty-six percent of government employees participated in a retirement plan, significantly greater than the approximately half of private industry workers.

- \* Medical care benefits were available to 71 percent of <u>private</u> industry workers, compared with 87 percent among <u>government</u> workers. About half of private industry workers participated in a plan, less than the nearly three-quarters of government workers.
- \* Virtually all full-time employees in <u>State and local</u> government had access to retirement and medical benefits: 99 and 98 percent, respectively. In <u>private industry</u>, only 71 percent of full-time workers had access to retirement benefits and 85 percent to medical care.
- \* Employers paid 83 percent of the cost of premiums for single coverage and 71 percent of the cost for family coverage for workers participating in employer sponsored medical plans.

Employer share for single coverage was greater in State and local government (90 percent) than in private industry (81 percent). For family coverage, the employer share of premiums was similar for private industry and government, 71 and 73 percent, respectively. http://www.bls.gov/news.release/ebs2.nr0.htm

# Step 6: Calculate your Minimum Acceptable Salary.

Prepare a series of budgets: Revise, Revise, and Revise again.

# **Take Home Pay**

Yearly Salary	\$ 42,500
Biweekly Pay	\$ 1,634
Federal Income Tax (1 exemption)	144
Social Security (6.2%)	101
Medicare (1.45%)	24
State Income Tax	83
Subtotal	\$ 1,282
Health Insurance (25% of \$268)	67
401k/403b (pension)	50
Net Pay	\$ 1,165
Monthly	\$ 2,330

# Now look at your budget!

#### **RENT:** One Bedroom Apartments

Pittsburgh, PA \$1,100

application fee 50 deposit 1 month's rent 1,100

<u>first month</u> <u>\$2,250</u>

Hempstead, NY (LI) \$1,300

deposit 1 month's rent 1,300

<u>first month</u> \$2,600

Philadelphia, PA \$1,200

Application fee 50 deposit 1 month's rent 1,200

<u>first month</u> <u>\$2,450</u>

Poughkeepsie, NY \$1,000

application fee 50 deposit 1 month's rent 1,000

first month \$2.050

**LOANS:** Student/ Personal/Credit cards/Car

**UTILITIES:** Electric/Heat?/Phone-Cable-Internet/

**FOOD:** 



Rent, Utilities, Initial
Deposits, School
Loans, Credit Card
Debt, Car/Personal
Loans, Food,
Transportation,
Insurance(s), Clothing,
Child Care,
Entertainment, etc.

Employers do credit checks and background checks!



The two most important principles of salary negotiation.

Delay the discussion of your salary for as long as you can.

Know what you are worth in the market place (Benchmarking), and be prepared to justify it in the salary discussion.



# REALITY CHECK

Your starting salary is about a job-What that job is worth to an employer!

Your salary has nothing to do with what it costs you to live!

Your salary has nothing to do with whether or not you desperately need a job!



# **NEGOTIATION BASICS**

The Three T's

Tone

**Tactics** 

Tips



#### **The Process**

Salary Negotiations-The Starting Point

Do not discuss salary until you have been offered the job.

#### Remember your preparation.

- -Know the range for the job in this area.
- -You have developed a target salary.
- -Adjust for market conditions.
- -Know your minimum salary.
- -Know the value of a reasonable benefit package.

Remember that salary is mutually agreed upon.

Deliver your worth with confidence.

#### What Will Make An Unacceptable Offer Acceptable?

Monetary Near-Monetary

Salary Benefits

Promised increases Overtime/Comp time

Yearly bonusesCompany carSigning bonusTravel awardsProfit sharingExpense coverageStock optionsRelocation assistance

Non-monetary

Title
Training/Education

Ealance Sheet Approach
List reasons for accepting
List reasons against accepting

Promised review dates Travel assignments Home equipment usage

Hold off the decision until you see the entire compensation package.

Take your time, but meet their offer's deadline.

#### **CAUTIONS FOR NEW GRADS**

- > Avoid the tendency to accept whatever you're are offered, because your glad to get the job.
- The employer is choosing you, now he decides your worth to him.
- > You have the ability to do the work or they wouldn't make an offer.
- > Remember the qualities that make you successful.
- ➤ Hiring decisions are based largely on your personality, enthusiasm, and transferable skills.
- > Only 5% has to do with your specialized knowledge.
- > They hire common sense and manners, so show it to them.

# **RESOURCES**

http://www.usajobs.com/

http://www.naspaa.org/students/careers/

http://www.jobweb.com/

https://www.linkedin.com/

http://www.peacecorps.gov/

http://www.salary.com/

http://www.bls.gov/

http://www.wageproject.org/

http://www.payscale.com/

http://www.americorps.gov/

http://www.jobtitles.org/

http://cgi.money.cnn.com/tools/

http://www.indeed.com/salary?

http://www.monster.com/

http://www.jobmonkey.com

http://www.nursingworld.org/

http://www.medhunters.com/

http://www.nursingjobs.org/